

There simply are no words to describe the impact of a TEC weekend.

It's more easily described in feelings. Feeling loved, accepted, freed, seen, and so much more—for exactly who you are **today**.

Who you become **tomorrow** is limitless.

A TEC retreat is unlike any other.

Feel the powerful love of Jesus. His love is real and beyond your imagining. We want you to feel that love personally and tangibly.

Each TEC weekend is made up of a wide range of people.

They are different ages and faiths, and have varied experiences, joys, and struggles. Those differences make a TEC weekend special. Because of this, there's a weekend that needs **YOU**.

A TEC retreat can be transformative. The weekend experience is unique to each person. Past participants (we call them TECites) want you to experience it fully. That's why many are guarded about sharing too much about TEC.



TEC (Together Encountering Christ) is a three-day retreat weekend structured on the Paschal Mystery: the death and resurrection of Jesus Christ. We are rooted in the Catholic faith but 20-30% of our participants each retreat weekend are not Catholic.

Central Minnesota TEC began in 1978 and has had over 40,000 participants. It is one of many TEC centers throughout the world. We are endorsed and supported by the Diocese of St. Cloud.

Where are retreats held? Just north of Little Falls on Hwy. 371.

When are the retreats? There are approximately eight retreats a year, typically running Saturday through Monday. A few weekends are Friday through Sunday. The current schedule can be found at cmtec.org.

Who can attend? Anyone 16 years of age or older.



Central Minnesota
TEC



REGISTER
ONLINE
TODAY
AT
CMTEC.ORG

QUESTIONS?
320-532-4455
info@cmtec.org
or reach out to someone who has participated previously.